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Wednesday, May 21, 1980

MNR announce policy changes for Ontario waterfront lots

Changes in policy related to Ontario's waterfront land were announced last week by Natural Resources Minister, James Auld.

"Except for eastern and southwestern Ontario which was surveyed into townships prior to 1850, properties near water were usually surveyed in a manner which created 66 foot road allowances or reserves in front of them," Mr. Auld said.

The Minister said the practice began because waterways were the primary transportation routes in the early days. It was therefore essential that the travelling public would be able to gain access to and from waterways without trespassing on private property.

"However, it appears the philosophy for outright retention is no longer valid because, in most cases, the original purpose of the allowances is now redundant," he added.

Most owners of land adjacent to waterways have, over the years, and with the unspoken approval of municipalities and the Ministry of Natural Resources constructed valuable cottages, residences, and other structures on the 66 foot road allowances and Crown reserves. They have also, without authority, placed docks, boathouses, protection works and other structures on the underwater Crown land in front of their properties.

Mr. Auld said that consequently, owners have had problems with transfers, mortgages, insurance claims and the settling of estates because their improvements are located on, or partly on, land they don't own.

"The situation has been growing intolerable for municipalities, shoreline property owners and provincial administrators," he said.

"In recognition of this problem," he added, "the MNR will no longer object to municipalities stopping up and disposing of road allowances to owners of the abutting land.

"In addition, the Ministry will favourably consider disposing of road allowances and 66 foot reserves that fall within their jurisdiction, providing the disposition of the road allowance or reserve does not conflict with established or proposed public use.

The new policy also provides for the management

See Policy changes, pg. 2

Roadside project gets results

A pilot project testing roadside alcohol screening devices has achieved such significant results, it is being expanded to cover the entire province, H. H. Graham, Commissioner of the Ontario Provincial Police has announced.

Almost 45 percent of the 3,200 people tested during the first seven months of the experimental project were charged with alcohol-related offences. More than 1,400 charges were laid.

Accidents in the four OPP districts where the program was conducted, Downsview, Mount Forest, Barrie and Peterborough, reported that accidents decreased by an average of eight percent.

"While we can't credit the entire decrease in



Nursery School ends season with weiner roast

Minden — The Minden Nursery School ended its season last week, when the mothers got together and put on a Weiner and marshmallow roast for the youngsters, who range in age from 2½ to four years old. The school was

a very successful one this year, with some thirty-three boys and girls attending. Above, some of the children pose for an Express photo at the home of Mrs. Diane Smith, where the fun day and weiner roast took place.

Red tags said to be curbing cottage break-ins say OPP

A small red tags is having a very large effect on the number of cottage break-ins throughout the area recently. In fact, the Ontario Provincial Police cottage tagging operation has played a major role in the steady decrease in the number of break-ins of cottages, unoccupied during the winter months.

"At one time, Minden OPP Community Services Officer Wim Magee, says, "we had almost 600 a year now its down to around 200."

In the Minden detachment area alone, over 4,000 cottages were tagged, advising would-be burglars the residence is under surveillance of the OPP. But, law officers are hesitant to credit the tags for all of the success. They say it is all part of a "package" rather than just one thing.

accidents in those areas to the program, we believe it contributed to a substantial part of the reduction, said the Commissioner.

Solicitor General Roy McMurtry, in supporting Commissioner Graham's program, said that any initiative designed to get drinking drivers off the road and save lives deserved the full support of Ontario's citizens.

McMurtry said that more than 1,500 people were killed on Ontario's roads and highways last year and up to half of the fatal accidents involved drinking drivers. "The death toll is simply unacceptable," he said.

Assistant Commissioner Jack Kay of the OPP

In addition to the tags, window stickers are available making it clear notice that all items in the house or cottage are marked with either the owners social security or driver's licence number, a definite deterrence to burglars when they try to sell the stolen property, police are finding.

Now if a cottage is broken into, police are mailing out an "insecurity report" advising owners how they can better ward off a break-in by making their premises more secure.

As part of a provincial winter work program over 15,000 cottages in Peterboro-Lindsay area, were checked and tagged by students.

This program, which encompasses ten detachments, is over and above the regular checking operation. But Cpl. Fred Goody of the Peterboro detachment hopes it will be instituted again, because of the high concentration of cottages in the area.

See Red tags, pg. 2

traffic division, who is in charge of the program, said that additional machines would be distributed to detachments during the next month.

"Public response to this program has been very positive and with continued support, incidents involving the drinking driver should be further reduced," Kay said.

ALERT machines will be in the hands of OPP officers in the districts of London, Chatham, Burlington, Peterborough, Belleville, Perth, Long Sault, North Bay, Sudbury, North Bay, Sault Ste Marie, South Porcupine, Thunder Bay and Kenora during the next month.

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454-3292**Mainstream Canada****Farmers deserve a pat
on the back**

By W. Roger Worth

Spring has arrived and farmers are out tilling the land, getting set to provide us with yet another of the crops that have allowed Canadians to pay food prices that are among the lowest in the western world.

This year, though, farmers have been forced to do a lot of soul searching before planting millions of acres of everything from potatoes to wheat.

The reason: high interest rates of 18% or more on the one hand, and commodity prices that are abnormally low, on the other. In addition, fertilizer costs have increased dramatically and prices on farm machinery are out of sight.

*Roger Worth is Director,
Public Affairs,
Canadian Federation of
Independent Business.*

High interest rates, though, are the real bugbear. Unlike most consumers who borrow on a long-term basis, farmers borrow heavily in the spring

to buy fertilizer and seed, paying off huge loans when crops are sold in the fall.

As a result, farmers must make a decision on whether commodity prices will be high enough when the crop is harvested to cover the extra costs. And with farmers actually losing money on such items as pork and potatoes, the outlook for a bumper crop is not bright.

Many times, consumers complaining about the high cost of food on supermarket shelves fail to understand the farmers' problems. It's time they took a second look.

Canadian consumers pay about 22% of disposable income on food, compared to 30% or more in Germany and close to 40% in Japan.

Who's responsible for the bargain-basement prices?

That's who. Instead of consumer gripes, they deserve a pat on the back, particularly in this year of skyhigh interest rates.

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**Tor. parachute school signs
contract with Stanhope council**

STANHOPE — The Toronto Parachute School came to an agreement with Stanhope Council last week, and as a result signed a contract for their proposed parachute school in the township.

The school will operate seven days a week thru the summer months and will teach participants the sport of skydiving to aspiring chutists.

The only restriction, aside from the ones required by other levels of government, which Stanhope Council placed on the school is that planes carrying parachutists must not commence flying before 9 a.m. daily.

Policy changes

of Crown lands under water. Most existing docks and boathouses for private use, located on Crown land under water, will be viewed as necessary appurtenances to the ownership and maintenance of waterfront property. The owners will be permitted to use the Crown land so occupied, without written approval or payment of fees.

"Proposals to construct new docks and boat-houses, however, whether for private or commercial use on Crown land under water, will be subject to written approval from the municipality where its bylaws require a building permit or similar approval, or where there are no municipal controls, from the local district manager of this Ministry," Mr. Auld said.

He added, where an improvement on Crown land under water consists of land fill and or a structure with living quarters, the owner of the improvement must obtain formal rights to use the land and pay rent based on the land's market value.

More detailed information concerning these new policy changes and their implementation procedures is available from the Ministry of Natural Resources offices.

Red tags

With boats, four wheel drive vehicles and snowmobiles, detachment officers along with the two five-member teams of civilians combed cottage country seeking signs of breakins. Sergeant Vince Jones of the Coboconk detachment says the Program has been a great help in the reduction of breakins. But, he sees the early discovery aspect as one of the most important factors. "Now, we are discovering them in January and February, before the cottagers arrive. With the early discovery there is a greater chance of apprehension."

PC John Mitchell of the Lindsay detachment attests to the success of the program and although his detachment has not compiled their statistics yet, he says they are receiving many kind cards of thanks for services rendered.



WHY BE A MEMBER of the HALIBURTON HIGHLANDS GUILD OF FINE ARTS

WHAT IS THE GUILD? It is an umbrella organization of many groups and persons who have a common interest in encouraging the growth of the arts in Haliburton County. It is dedicated to the promotion of the image of the Highlands as an arts centre. It is for this end that it sponsors many arts and crafts groups who meet regularly; organizes art sales throughout the communities the largest of which is the annual "Summer Exhibition" and operates an Art Gallery in the old C. N. Station in Haliburton Village.

WHAT DO YOU GET AS A MEMBER? You receive bi-monthly a newsletter which tells about all the arts events in the County. If you are an artist, you will have a reduced commission on all Guild Sales. It will entitle you to free entry to a number of Guild "Free for Members" Workshops. Most importantly you will have taken a positive step to encourage the growth of Arts in the County by your Support.

The schedule of fees are as follows:

Membership & Gallery Card:

Single \$12.00 Family \$15.00 Student \$5.00
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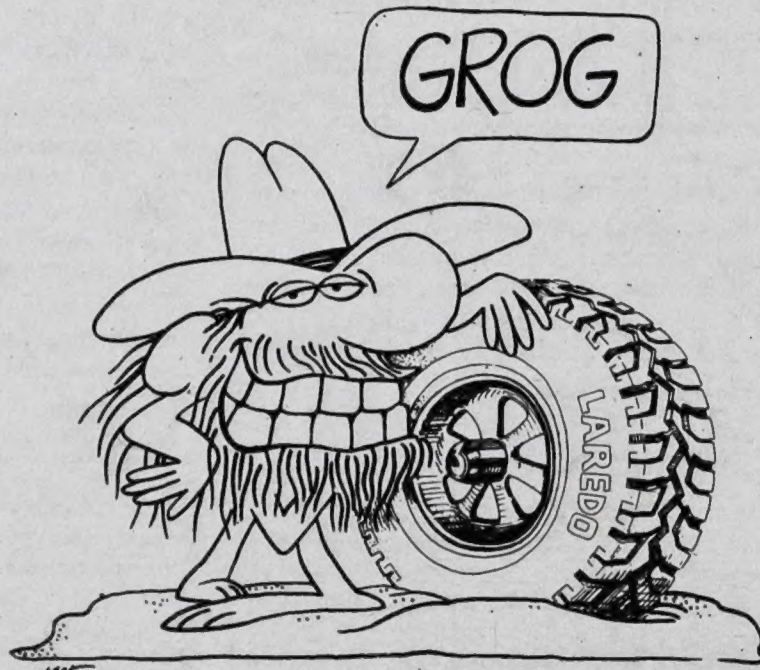
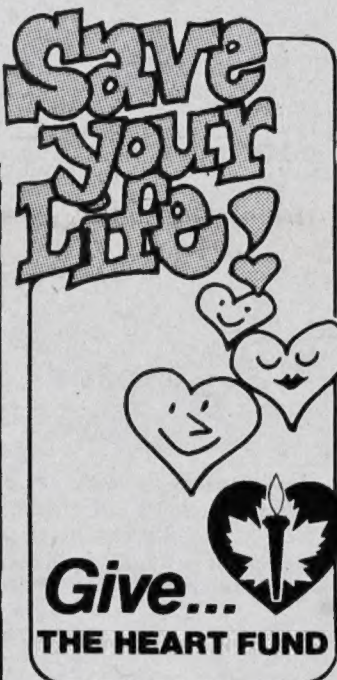
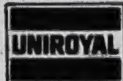
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(Membership Chairman, Donna Monk)
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ENTERTAINMENT



Windsurfing on 12 Mile Lake

Sports enthusiasts will be happy to learn that Windsurfing lessons are available to all residents and visitors of the county. New in this area, veteran windsurfer and instructor Nick Lehocsky of Eagle Lake is shown above on one of the boards on a cool day last week at Twelve Mile Lake.

Area collisions result in \$13,000 damage, two are charged

Minden — OPP report the following activity for the period of May 12th to May 18th. During this time staff investigated eight reportable and one non-reportable collision, as well as 104 general occurrences.

There were six break-ins reported, one business found insecure, two compassionate messages delivered, 19 people were charged with liquor violations and one person was charged with impaired driving.

Despite this past weekend being the first, and most often, the busiest of all the long weekends, the Minden OPP staff had a fairly normal workload.

\$4,000 DAMAGE TO GMC TRUCK

Glenn Martin Birch, 17, of Willowdale, escaped serious injury on Saturday morning at about 3 a.m., when his 1977 GMC pickup crashed into a rock face.

Birch was northbound on the Bobcaygeon Road, pulled to the right when meeting a southbound vehicle and subsequently struck the corner of a rock face. No injuries were sustained or charges laid, but police report the GMC received damages to the complete left side, grill and windshield. Police set damages at \$4,000. Invest. by PC Al Barnes.

CARELESS DRIVING CHARGE IS LAID

Atwo vehicle collision occurred at 1:54p.m. on Saturday afternoon, leaving a total of \$4,000 in damages and one driver being charged with careless driving.

Brian Love 19, of Scarborough, Ont., was northbound on Highway 35 in a 1963 Chevrolet, failed to negotiate a curve near Miner's Bay and struck a southbound Ford pickup driven by Walter Meadows

55, of Richmond Hill.

Police have set damages at \$3,000 to the Meadows 1973 truck and \$1,000 to the Love car. Love has been charged with careless driving as a result of the collision. Invest. by Al Barnes.

LINDSAY MAN WAS INJURED

Last Thursday morning Donald L. Cresswell 59, of Lindsay suffered minor injuries in a single vehicle collision four miles south of Minden on Highway 35.

Cresswell had travelled onto the west shoulder, lost control, crossed the southbound and northbound lanes and then back across the southbound lane and entered the west ditch rolling his car over onto its roof. Damage has been set at \$5,000 and Cresswell has been charged by police with impaired driving. Invest by PC Dennis Potter.

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MOLOU Theatre HALIBURTON	Fri. 23 Sat. 24 TIM CONWAY and DON KNOTTS THE PRIZE FIGHTER A Knockout Comedy! Co-Starring DAVID TYNNE, ROBERT CLARKE Featuring JOHN ANDERS, music by PETER HART Story by TIM CONWAY Screenplay by TIM CONWAY and JOHN ANDERS Produced by LANG ELLIOTT/BRANDY DELL A Tri Star Pictures Production A New World Mutual Release	Sun. 25 the Fifth Floor The Nightmare is Knowing You're Safe. DRACULA This Time The Count is Not Just Going For Throat!

200 attend annual Scout Fun Night

The Carnarvon, Haliburton and Minden boy scouts and cubs presented their 4th annual Festival of Fun night last Thursday at Haliburton Highlands Secondary School before an audience of nearly 200.

The evening entertainment opened with Scout call and each individual or group were introduced by MC Len Salvatori.

The program consisted largely of singing and included contemporary, gospel and Country and Western music as well.

Extencicare reside to performed also, singing many oldies while one resident recited a lengthy poem entirely from memory and another played tunes on a harmonica.



Thinking Slim

BY JEAN NIDETCH

I'm surprised that so many people on a sensible weight-loss program are afraid to dine out. I'm certain that I never really enjoyed a restaurant's atmosphere or service until I started my weight-loss program. And, I stopped worrying that everyone was looking at the "fat lady" or watching what she ordered.

I've got six rules that help me dine out on Program and they start with the place itself.

You select it. Seafood houses are less likely to cause problems than certain ethnic cuisines like Mexican or Middle Eastern. If I'm confused about the choices available, I call the restaurant beforehand and get specific information "Can your meat or fish be broiled? Can vegetables be served without butter? Salad without dressing?"

Prepare for the meal. When I was fat, I would starve all day so that I could stuff myself at dinner. Now I've learned that it's better to eat during the day. And, on the Weight Watchers Program, if I intend to have a one-half cup cooked enriched rice or two-thirds cup of spaghetti at dinner, I omit a bread serving during the day. I save a fruit for

dessert. I carry artificial sweetener to the restaurant. The point is, I plan.

As a pre-dinner cocktail, I order sparkling water, club soda or a diet beverage. I ask my friends' permission to have the bread basket removed.

Avoid the menu completely. Ask the waiter what is available and order your entree broiled dry (no butter or margarine, etc). Ask that your vegetables be served without butter.

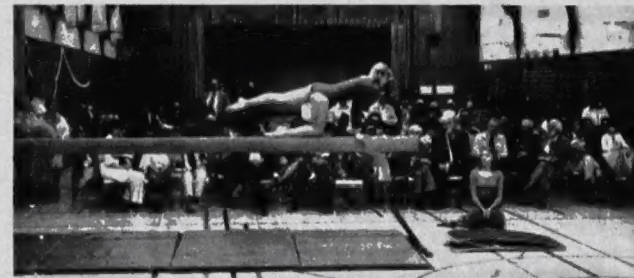
Portion control. Restaurants tend toward large portions. Through habit, you learn to judge the proper amount, but, at the beginning you may even bring your scale (I did). If not, my advice: Leave some food on the plate.

They didn't follow your orders? Send it back. I used to feel embarrassed or "guilty" until I realized that I was paying for the privilege of dining out. The fact is: Meat drowning in gravy or seafood dripping with butter is simply not what I want to eat.

Dessert-time means fresh fruit. Even if the pastry cart contains your favorite chocolate cake, stick with fresh fruit and a beverage. Fresh strawberries, especially out-of-season, are about as extravagant as anybody can get. Go ahead: Be a snob.

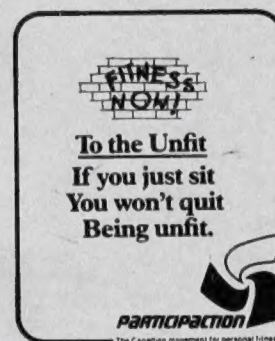
If you stick with these rules, I promise you: You'll be dining out — and staying slim — for the rest of your life.

Want to plum your own potential? Send a long self-addressed stamped envelope to BE THE BEST, Jean Nidetch, c/o this newspaper. The word BEST must appear on your envelope.



Following a short break, the audience were entertained by the girls from the gym class who performed on a balance beam 3½ feet above the floor along with gymnastics using the floor mats.

In the accompanying photos, some of the entertainers are shown as they performed and the evening came to a successful close about 11 pm.



Lake Ontario trout are stocked at three new sites

Ontario fisheries staff who are doubling their stocking of lake trout in Lake Ontario this spring will also experiment with three new planting sites.

Natural Resources Minister James Auld said today that from now until mid-May, the Ministry of Natural Resources will stock 400,000 lake trout, transporting the fish to five separate sites by truck, boat and helicopter.

"In addition to sites used in previous years, this year's stockings will include 25,000 yearlings planted April 17-18 off Port Weller near St. Catharines and 25,000 stocked near Bronte east of Burlington on April 14. Later in April, 75,000 yearlings will be planted near Port Hope", the Minister said.

Stocking at traditional sites this year include 75,000 lake trout planted April 10-11 off Clarkson in Toronto's west end, and 200,000 trout to be stocked on the shoals off the main Duck Islands in the Eastern Basin of Lake Ontario in late April.

Dianne Kolenosky, fisheries biologist with the Ministry's Lake Ontario Fisheries Assessment Unit, said that "we have more fish this year, so we're experimenting with three new sites."

"The object is to establish naturally-reproducing populations of lake trout and also provide more angling opportunities near large urban areas," Mrs. Kolenosky said.

She said the Eastern Basin has the only documented lake trout spawning shoals in Lake Ontario and, therefore, "is receiving heavy stocking."

"The Port Weller, Bronte and Port Hope sites offer

numerous patches of underwater rocky rubble and gravel that we hope the trout will find suitable for spawning," the biologist said.

Trout for the stocking program will come from the Ministry's Deer Lake Hatchery near Havelock and White Lake Hatchery near Sharbot Lake.

In past years, the Ministry has planted 100,000 lake trout annually in each end of the lake. The increased stocking this year is part of the Ministry's new Strategic Planning For Ontario's Fisheries (SPOF) program.

The Ministry of Natural Resources has chosen lake trout as the major rehabilitation species for Lake Ontario because it can thrive in and take advantage of the lake's vast areas of deep, cold water, biologist Kolenosky explained.

Lake trout were known to have reproduced naturally in Lake Ontario in earlier years.

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Canadian Comment

BY PETER WARD

OTTAWA (SF)— There are sidelights to changing governments in this country which go unnoticed in the nation at large, but they really cause traumas in the Parliament Buildings.

The fixation of the people of the Hill all during the late winter and early spring was office space. Members of Parliament have offices in the centre block of the Hill, the West Block, and the Confederation building. Choice offices are highly prized for both prestige and for the comfort of the MPs' staff, so the internal politicking to get the pick of the space is considerable.

It's the House of Commons sergeant-at-arms who assigns office space to cabinet ministers, and after every election, he is besieged by ministers seeking the best locations. When the Tories won their first election in nearly 17 years last May, there were moans from the former Liberal ministers, shunted off to ordinary offices, as the victors moved into choice suites, like the West Block office of former Defence Minister Allan MacKinnon, once occupied by Sir John A. Macdonald. The new Defence Minister Gilles Lamontagne has that choice space now.

Ministers and their staff can be demanding, not only for new office space but also

for new furniture and redecorating. A new male minister can't live with the pastels that the previous female occupant liked; one likes Danish modern with glass coffee tables; the next prefers heavy oak furniture.

Expenses for moving and redecorating can grow to several million.

The rat-race for office space for ordinary MPs is presided over by the government party whip. When the Liberals were turfed out by the Tories last May, quite a few senior Liberal backbenchers were evicted from prime office space to make room for Tories, thirsting for the blood of victory spoils.

Now the shoe is on the other foot, and the new Liberal Whip, Charlie Turner of London, Ontario, has added several gray hairs satisfying his party's troops. Female MPs make a considerable fuss if they can't get an office with a private toilet, but there aren't many of those available. Old-time Liberal veterans, dumped from their prime spaces last year, have moved back in triumph to the despair of Tory old-timers who enjoyed only a brief few months in government opulence.

Charlie Turner figures he's got it all settled now, until the next election, and by the end of summer, the

CANADA COLUMN

By John Fisher of the Council for Canadian Unity



Conseil pour l'unité canadienne

Robert Service, the man who perpetuated the memory of the Yukon gold rush lived in a log cabin in Dawson City. The cabin has been preserved as a memorial to the man who wrote the story of the Klondike gold rush. He captured the feeling of lust for gold which gripped those miners who turned Dawson City into a hive of frolic and high drama.

Service wrote as if he were an eye witness to those events. You could almost see him following the men as they scrambled over rocks and creeks. The irony is that Service was not in the Yukon at the height

of the gold stampede. He came to Whitehorse in 1904 but the great gold rush peaked in 1900. Yet, he could capture the fever in these men. He came as a bank teller to Dawson in 1908. When he left the Yukon and took up residence in the south of France, he never returned to Dawson. Fortunately the log cabin where he lived and did much writing has been preserved as a national historic site.

John Fisher, Executive Vice President of the Council for Canadian Unity was Canada's Centennial Commissioner.

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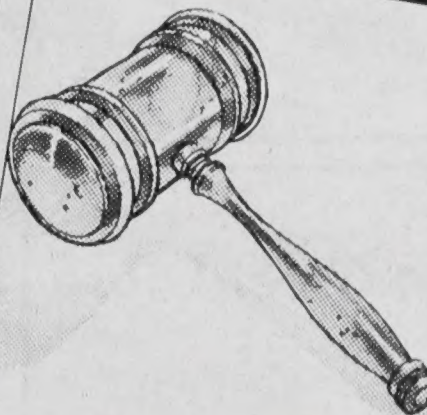
This is now the law.

Know your rights.
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The new Provincial Offences Act introduces a new form of law designed especially for minor offences such as traffic, liquor, hunting and fishing violations. The new system is simple, informal and convenient, and offers anyone charged with a minor offence a new choice for handling his or her case. But you have to act. It's up to you.

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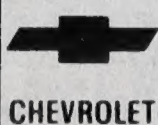
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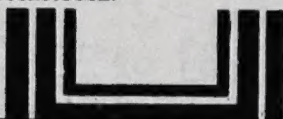
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HALIBURTON — ONTARIO
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Sports

Rockcliffe HUSTLERS set for '80 Tri County season opener

Minden — The Tri County Fastball league is set to open their 1980 season tonight, with six teams playing 120 games over the twelve week season. Each team, Minden Rockcliffe Hustlers, Woodville Merchants, Fenlon Victoria Sports, Bobcaygeon Brewers, Lindsay Billings Mercury Jrs. and Lindsay New Royal Jets, will play a twenty-game schedule, with the top four teams entering the play-offs.

This years Minden entry in the Tri County League appears to have a real shot at the league title, with such stars as pitchers Jack Snell and Craig Stamp leading the squad.

The Minden entry has been sponsored by Dave Willis, owner of the Rockcliffe Hotel in Minden. The new uniforms are blue with white and yellow trim. The team name this season is the "HUSTLERS", and that's just what this very talented and young team will be doing under the guidance of new head coach, Ray Goulet.

The remainder of the Hustler roster has John Welch, Dave Dollo, Barry Shaw, Bernie Nichols, Bob Johnson, Jim Keach, Harris Steele, Brian Mulholland, and

Larry Kent.

The fans will also enjoy the games more this season, as the Minden Recreation Board has installed steps down to the playing field and the ball team has purchased a de-fogger to eliminate the pesky mosquitos and black flies, which will make it more pleasurable to watch the home games that commence each Wednesday evening, under the lights, at 8p.m.

A complete schedule of all home and away Hustler games is in this week issue of the Express.

TRI COUNTY FASTBALL LEAGUE

Minden

Rockcliffe Hotel Hustlers

Schedule

DATE	HOME	AWAY	TIME
Wed. May 21	Bobcaygeon	Minden	8p.m.
Sun. " 25	Lindsay Jrs.	Minden	7p.m.
Wed. " 28	Minden	Fenlon Falls	8p.m.
Mon. Jun 2	Fenlon	Minden	8p.m.
Wed. " 4	Minden	Lindsay Jrs.	8p.m.
Thur. " 5	Lindsay Srs.	Minden	8:30
Tues. " 10	Woodville	Minden	8p.m.
Wed. " 11	Minden	Woodville	8p.m.
Wed. " 18	Minden	Lindsay Srs.	8p.m.
Sun. " 22	Lindsay Jrs.	Minden	7p.m.
Wed. " 25	Minden	Bobcaygeon	8p.m.
Mon. " 30	Fenlon	Minden	8p.m.
Wed. Jul 2	Minden	Lindsay Jrs.	8p.m.
Thur. " 3	Lindsay Srs.	Minden	8:30
Wed. " 9	Minden	Woodville	8p.m.
Wed. " 16	Bobcaygeon	Minden	8p.m.
Tues. " 22	Woodville	Minden	8p.m.
Wed. " 23	Minden	Fenlon	8p.m.
Wed. Jul 30	Minden	Lindsay Jrs.	8p.m.
Wed. Aug 6	Minden	Bobcaygeon	8p.m.

On Sports

BY JOHN DALTON

Should the National Basketball Association eliminate free throws as a penalty for technical fouls? Yes, according to some of the experts.

Leading the campaign against shots for technicals is Dan Blumenthal, secretary-treasurer of the Professional Basketball Writers' Association of America. His commentary on the issue was published in a PBWAA newsletter.

He writes, "Awarding a free one-point foul shot for vulgar language — in an NBA league whose players make good on 3-out-of-4 fouls attempted — makes as much sense as awarding the Nobel Peace Prize to the Ayatollah Khomeini."

Blumenthal, noting technicals often influence the outcome, says: "There shouldn't be any question about which team is truly better in a 1- or 2- or 3-point game. But there has been for too long a time — and still is."

He cites the scores of three recent NBA games affected by technicals. On Jan. 31, Denver beat New Jersey, 127-126, while Portland defeated Kansas City, 94-93. And on Feb. 17, San Antonio triumphed against Milwaukee, 135-134.

Denver got three technical free throws (one assessed on assistant coach Bob MacKinnon of New Jersey); Portland got two (one on Kansas City coach Cotton Fitzsimmons); and San Antonio got two (both on Milwaukee coach Don Nelson).

"In each of these games, a person not in uniform might well have been 100 percent

responsible for the one-point losses," Blumenthal stresses.

He declares, "The outcome of a pro basketball game, stated simply, should result from blends of players' individual skills and teamwork."

Blumenthal opposes the current NBA rules. He explains: "The present automatic fine is \$75 plus a free shot for the other team for the first T levied against a player, coach, assistant coach or trainer. Current penalties for the second T against the same individual is an additional \$150, ejection from the game and, once again, a free foul shot. Total dollars: \$225."

That is too little to restrain high-paid NBAers, says Blumenthal. He urges "Hike the fine for the first

technical, say, to \$250 — but NO free shot because indiscreet and vulgar language have no real application to offensive or defensive skills — which, in turn, have everything to do with basketball."

"And for the second T to the same chap, fine him, say, an additional \$750 — but NO foul shot. And no ejection. If and when he commits technical No. 3 in the same contest, raise the fine another \$1,500 and then the ejection."

Will that work?

Says Blumenthal: "The NBA player or coach, facing removal of \$1,000 or \$2,500 from his wallet, might choose instead to buy a dictionary for \$10 and refine his vocabulary and general demeanor."

HHSS Track and Field team wins 8th straight KW title

School students from Haliburton Highlands Senior Secondary, LCVI, Fenelon Falls Secondary and I.E. Weldon Secondary School attended the Kawartha West Track and Field Meet, hosted by I.E. Weldon.

The top three competitors in each category have now advanced to the Kawartha District finals at Trent University but final standings were not available at press time this week.

For the eighth year in a row the H.H.S.S. Track and Field team captured the Kawartha West title. H.H.S.S. students were entered in every event and chalked up a total of 935 points. I.E. Weldon took second spot with 606, followed by Fenlon Falls at 573 and LCVI with 533.

Six Haliburton students set records at the West meet, three boys and three girls. Helene Hellquist led the senior girls with a record run of 5:40.1 in the 1500 metres. Senior, Carol Lee set a record in the discus of 28.24 metres and Eileen Henderson set a new standard in the 400 metres of 1:23.8.

Junior, Tony Scheffee set a new mark in the 400 metres of 1:07, Mike Hatkoski upped the pole vault mark to 3.10 metres and Butch Manary tossed the discus for a new senior record of 38.16.

Marla MacNaull and Helene Hellquist topped the Haliburton athletes with an amazing four firsts while Mike Hatkoski took three blue ribbons.

Sixty-five Haliburton athletes will now advance to the Kawartha District finals at Trent University. Eleven midget girls will be joined by 10 boys, the juniors will send seven girls and 15 boys while the seniors have 13 girls and nine boys.

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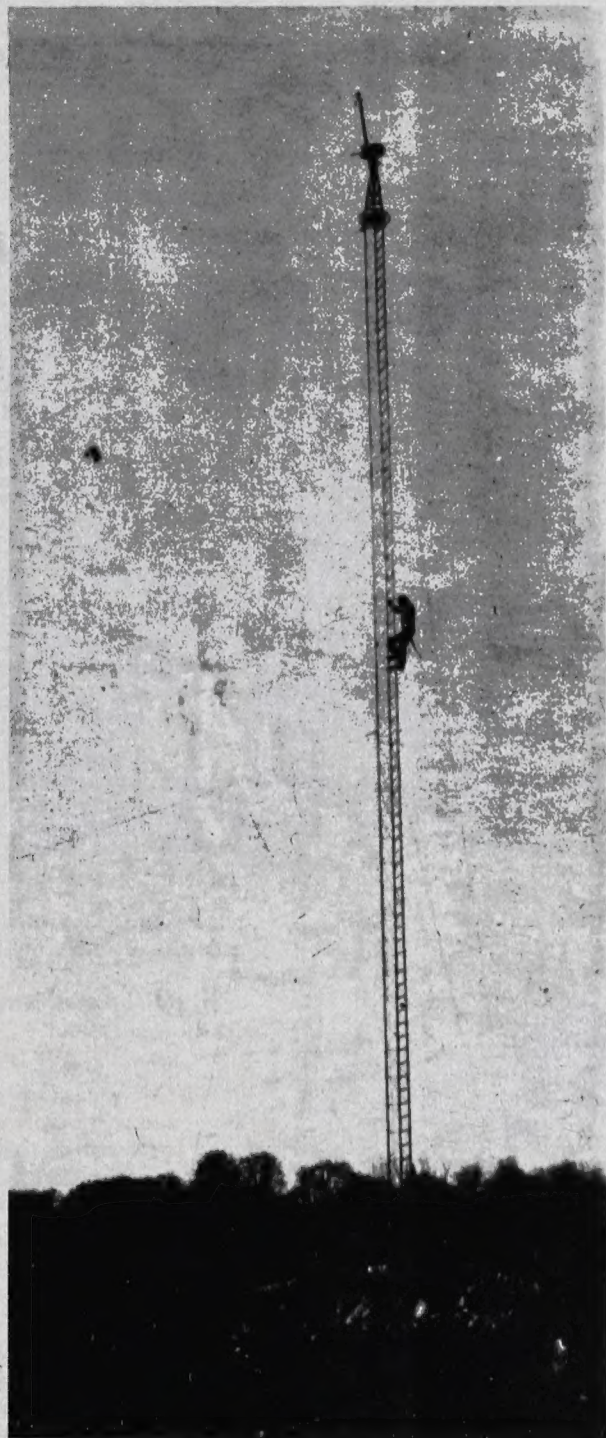
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Wind power is becoming a reality for the Kenney's

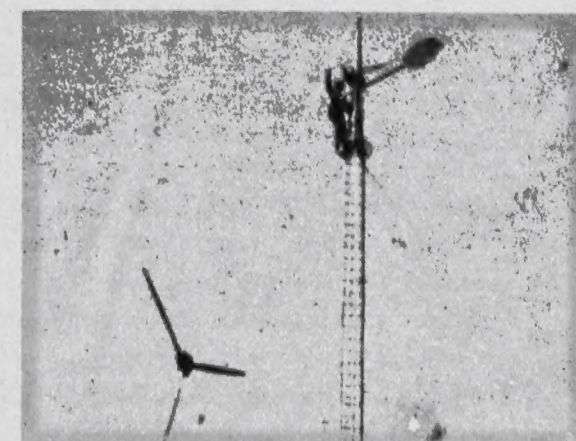
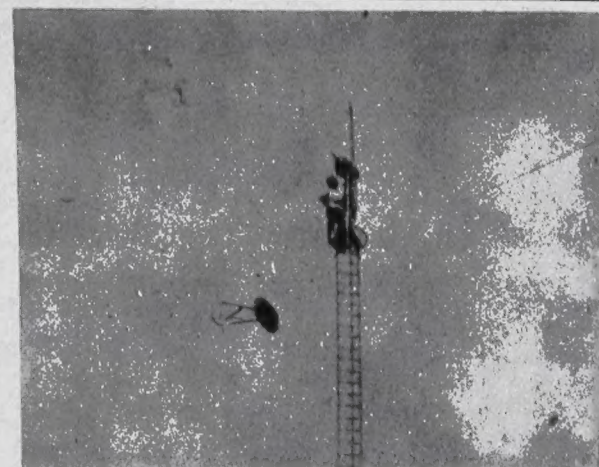
BLAIRHAMPTON — High above the tree tops on his 30 acre Blairhampton farm, Haliburton County resident Gary Kenney is shown at left climbing a 103 foot tower which holds a Jacobs wind generator on the very top, and when completely installed and hooked up will supply his electrical needs to operate their household appliances, lights, etc.

Harnessing the wind and converting it to electrical power is not a new concept, but rather an old one which has been revitalized in the last few years. The Jacobs wind generator, a 400 pound unit, is considered the Cadillac of wind generators, this one coming from an Idaho, U.S.A. farm and being rebuilt in Quebec, is about 50 years old.

On Friday of last week the 103 foot tower was put together on the ground and then erected with the aid of a huge crane. It is secured with six, 1/4" steel guy wires and mounted on a concrete base.

Assisting Mr. Kenney on Saturday were other local log building enthusiasts — brother Bob Kenney, Steve Cooper and Norm and Bob Clift. In the accompanying photos the tail section for the generator is seen going up first, followed by a 3 bladed 15 foot (diameter) propeller and the complete unit assembled and operating as it now appears.

The electrical power which the generator produces will be stored in a series of 24 batteries which in turn will supply the Kenney farm with electricity. Interested parties in this "first for the County" can view the installation on the Duck Lake Road in Blairhampton.



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THE CORPORATION OF THE TOWNSHIP OF STANHOPE

NOTICE

IN THE MATTER OF THE MUNICIPAL ACT AND IN THE MATTER OF A PROPOSED BY-LAW OF THE CORPORATION OF THE TOWNSHIP OF STANHOPE TO STOP UP, CLOSE AND CONVEY THAT PORTION OF THE FORMERLY TRAVELLED COUNTY ROAD NO. 11 SITUATE IN LOTS 2 AND 3, CONCESSION 2, AND IN STEVENS ROAD, REGISTERED PLAN NUMBER 372, TOWNSHIP OF STANHOPE.

NOTICE IS HEREBY GIVEN, pursuant to Chapter 284, Sec. 443 of The Municipal Act, R.S.O., 1970, as amended, that the Township Council of The Corporation of the Township of Stanhope proposes to consider and if deemed advisable, to pass at its regular meeting to be held at the Municipal Office, in the Township of Stanhope, on Wednesday, June 11th, 1980, at 3:00 p.m., a By-law to Stop Up, Close and Convey the following:

ALL AND SINGULAR those certain parcels or tracts of lands and premises, situate, lying and being in the Township of Stanhope, in the Provisional County of Haliburton, being composed of parts of Lots 2 and 3, Concession 2 and parts of Stevens Road, Registered Plan Number 372, and being more particularly described as follows:

FIRSTLY:

All that part of Lot 2, Concession 2, and Stevens Road, Registered Plan Number 372, in the Township of Stanhope, in the Provisional County of Haliburton, designated as Part 1 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

SECONDLY:

All that part of Lot 3, Concession 2, in the Township of Stanhope in the Provisional County of Haliburton, designated as Part 2 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

THIRDLY:

All that part of Lot 2, Concession 2, and Stevens Road, Registered Plan Number 372, in the Township of Stanhope, in the Provisional County of Haliburton, designated as Part 3 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

FOURTHLY:

All that part of Lot 3, Concession 2, in the Township of Stanhope in the Provisional County of Haliburton, designated as Part 4 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

FIFTHLY:

All that part of Stevens Road, Registered Plan Number 372, in the Township of Stanhope, in the Provisional County of Haliburton, designated as Part 5 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

SIXTHLY:

All that part of Lot 3, Concession 2, in the Township of Stanhope in the Provisional County of Haliburton, designated as Part 6 on a Plan of Survey deposited in the Registry Office for the Registry Division of Haliburton as Plan 19R-1882.

AND WHICH said plan of survey may be examined at the Municipal Office of the Township of Stanhope;

AND FURTHER TAKE NOTICE that before passing the said By-law at its meeting to be held at the time and place above mentioned, the Township Council of The Corporation of the Township of Stanhope shall then and there hear in person, or by his Counsel, Solicitor or Agent, any person who claims that his land will be affected by the said By-law and who applies to be heard.

DATED AT the Municipal Office of The Corporation of the Township of Stanhope, this 7th day of May, 1980.

GERALD BAIN,
Clerk of The Corporation of
the Township of Stanhope

New milk can be stored without refrigeration

By the end of May, homemakers throughout Ontario will be buying a new type of milk that can be stored for months without refrigeration.

Introducing the surprising new product, Charles E. Scott, president of Dominion Dairies Limited, noted that Sealtest Sterilized Milk is ideal for the energy-short 1980's. Where regular milk has to be kept refrigerated in the dairy, in the delivery truck, in the store, and in the home, sterilized milk need only be chilled before drinking and kept chilled after the package is opened.

Scott anticipates that sterilized milk will enter the market at about the same price as regular milk and that, as volume builds and energy prices climb, it may



eventually cost considerably less.

countries is sterilized. The Sealtest introduction is the first time that it's been marketed on a large scale in North America.

The new product offers many advantages to the homemaker. Scott points out: "She can store as much as she likes without using up refrigerator space. She will always have spare milk on hand for cooking or to cope with unexpected company, so will never have to make last-minute trips to the milk store." It will obviously be ideal for campers, trappers, hunters, and cottagers.

Farmers, too, should eventually gain. "It seems logical," suggests Scott, "that if you have more milk in the house you will use more."

It will take time for people to get used to buying milk from the supermarket shelf or out of the special Sealtest racks rather than from refrigerated display cases. Charles Scott, however, is confident that they'll eventually make the transition. "All that refrigeration," he emphasizes, "uses energy, and energy costs will continue to escalate. That's why we say that sterilized milk is the ideal product for the 1980's. It will still be 'nature's most perfect food' in top-quality condition;



First sterilized products from Sealtest will be two per cent and homogenized milk in one-litre packs. Half-and-half cream and chocolate milk will follow. Some will be offered in a quarter-litre pack with drinking straw attached. "These will be ideal for packing with box lunches or to sell as individual servings in restaurants," suggests the executive.

Sterilized milk has essentially the same taste and

nutritional values as pasteurized milk. The only difference is in the processing. Where pasteurization raises milk's temperature to 72 degrees Celsius and holds it there for 16 seconds sterilization flash-heats it under pressure to 135 degrees for two or three seconds. This "ultra high temperature" sterilization has been used in Europe for some years, and more than half the milk now consumed in many European

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Minden Curling Club holds spring meeting, tender is let

MINDEN —The council chambers here was the scene of the local curling clubs annual meeting recently and the 40 members present voted in favour of calling for tenders on the proposed new curling club building.

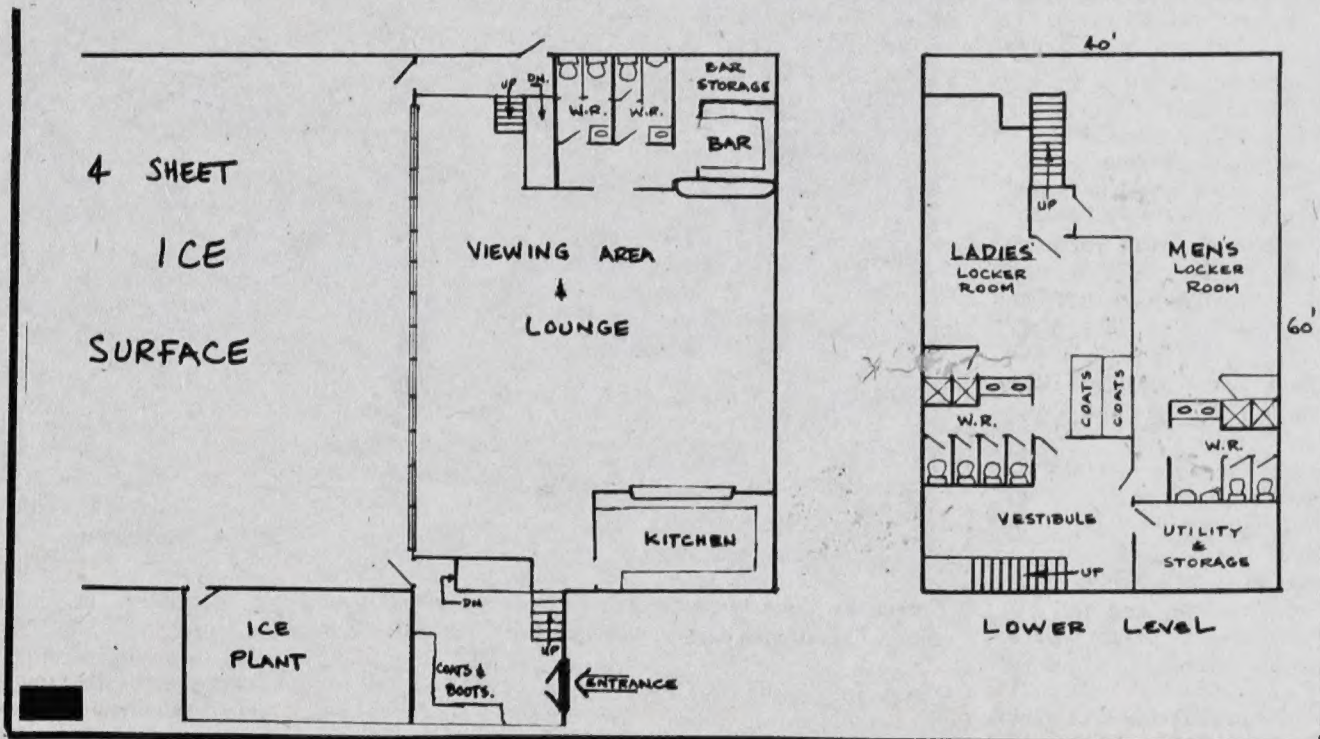
After much discussion with the membership as to the costs and locale of the new structure, the club executive called for a vote on tenders being issued for the building which the membership voted almost unanimously to accept the plans that presented at this meeting. Estimated cost of the building is about \$320,000.

The new club will consist of four sheets of ice, viewing area and lounge, kitchen, utility and storage room, men's and ladies locker rooms and washrooms both upstairs and down. The location of the new rink

will be adjacent to the Minden Community Centre.

Club president Jim Garbutt told the members that tenders would be called within the next two weeks and that when they have been received, the building committee would go back to the membership with the exact cost of construction. Mr. Garbutt and building committee chairman Godfrey Saunders hope that construction would be underway on the new facility by mid-June.

The 1980-81 executive of the club consist of the following persons: president, Jim Garbutt; 1st vice, Don Blakey; 2nd vice, Norma Burk; secretary, Cheryl Murdoch; treasurer, Lisa Forsythe; past president, J. O. Jackson; directors, Dwight Thomas, Bob Austin, Ron Reid, Bev Miller, Godfrey Saunders, Gwen Cox, Estella Burch, Jerry McKelvey and Penny Obee.



Springwater wildlife exhibit to be improved in stages

A good representation of animals and birds exhibited at Springwater Provincial Park will remain and their enclosures will be upgraded on a long-term basis, Natural Resources Minister James Auld announced today.

"At the same time, we will improve the public viewing facilities for the native waterfowl and upland game birds so that they become the major feature of the park's wildlife exhibit," the Minister said.

Springwater Park is situated at Midhurst, near Barrie. The wildlife exhibit was established locally in 1940 for Simcoe County residents

and visitors. In 1957, the Department of Lands and Forests (now part of the Ministry of Natural Resources) took over operations when Springwater was designated a provincial park.

"We are developing a plan to continue upgrading the facilities for the animals and birds over the years," Mr. Auld said. "The first improvement to be made will be on the black bear enclosure at a cost of \$10,000-15,000."

"Ministry funds are quite limited for the purpose, so a wholesale upgrading of the wildlife facilities is not immediately possible. As for improving the facilities for

native birds, we can do this at the same time because the work is much less costly and some of the installations are new and up-to-date."

The Minister said, "The Ontario Humane Society said in a recent report that, although the pens and enclosures for the animals were acceptable for animal care standards, improvement was needed in a number of the antiquated facilities. We are going to do what we can on a long-term basis so that nearby residents and visitors may continue to enjoy the wildlife display at Springwater Provincial Park."

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TIMBER SALE

TENDERS WILL BE RECEIVED BY THE MINISTRY OF NATURAL RESOURCES up to and including TUESDAY, June 3, 1980 for the timber rights on part of lots 15 to 19, Concession I and parts of lots 14 to 19, Concession II, Hindon Township, Haliburton County.

FURTHER PARTICULARS MAY BE OBTAINED FROM THE DISTRICT MANAGER, MINISTRY OF NATURAL RESOURCES, MINDEN, ONTARIO K0M 2K0.

THE HIGHEST OR ANY TENDER WILL NOT NECESSARILY BE ACCEPTED.



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Natural
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Hon. James A. C. Auld
Minister

Dr. J. K. Reynolds
Deputy Minister

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Cut costs with fold down units

Vacation budget stretching has become a national past-time and in one area at least, you can economize and still get value for your dollar. Fold-down mobile accommodation can put an affordable roof over your head wherever you happen to drive.

Avid anglers Harry and Lois Watson use a half ton pickup truck to tow their boat and motor to fishing hot spots.

Escalating costs of renting a cottage had forced them to shrink their getaway time to two weeks a year.

Now, however, with a Coleman Country Squire truck camper on the back, they can afford several weekends as well as an extra week-long trip-in the fall.

The 900 pound unit is a low profile 52 inch cap when folded down and fits on the bed of the truck. The low profile offers the least wind resistance and should translate into lower gas consumption.

At the site, it cranks up to an inside height of 76 inches; two 44 inch x 76 inch beds fold out; a screened door swings down into position and the rig becomes a roomy base camp after a hard day's fishing.

Up front inside is a galley with two-burner range and a sink with running water from a five-gallon tank.

Either side of the portable dinette table is a 16 inch x 55 inch bench seat. On board also is a Coleman ice chest and a 20 pound propane cylinder.

Harry plans to add a forced air furnace to make the fall trips more comfortable.

Trailers popular

The Grahams are friends of the Watsons.

With two boys aged five and two, Joe and Doris

Family Unity Month stresses family's positive role

In an attempt to stress the positive role the family plays in our lives, the Ontario Government has proclaimed May as Family Unity Month.

During the month, people are being encouraged to set aside special times to do meaningful things together as families. Agencies, religious institutions and schools are also being asked to organize special events for families.

The Honourable Margaret Birch, Provincial Secretary for Social Development, said, "by showing our families we really care in May, we can enjoy the benefits all

year round."

"In recent years", she said, "considerable media attention has been focussed on such issues as divorce rates and incidents of child abuse. We sometimes overlook the hundreds of thousands of healthy family units in Ontario that act as the mortar holding our social structure together."

"Family Unity Month is not intended to sweep bad news about families under the rug", said Mrs. Birch. "On the contrary, we hope it will stimulate discussion on all aspects of family life in an effort to help us better understand what it is that makes the family work. The



Coleman's Country Squire provides sleeping and outing accommodation for four, from what minutes earlier, was a pickup truck with a low profile cover.

Graham are opting for a Coleman fold down camping trailer because it can be towed easily by their four-cylinder automobile.

Like the Watsons, the Grahams wanted a name they could trust and they consider it important that all Coleman dealers are required to have service facilities available.

The trailer they chose has a galley that swings up to a comfortable working height, with three-burner range, sink and workspace adequate for fixing family-sized meals.

Wing beds pull out to provide lots of space for two lively youngsters to play on dull days.

Doris likes the portable cooler that can be set up-right inside the trailer and, as it travels just inside the door, is handy for on-the-road use. Unlike Coleman trailers, some fold-down units have to be cranked up to allow the travelling door to be opened.

The camping club rallies they attend are often in group camping areas that have few picnic tables so a free-standing table is use-

ful outside as well as in.

The Grahams are considering an add-on screen room that will double the trailer's floor area.

Both families like the big screened windows, comfortable four inch thick foam mattresses and interior colour scheme.

Lighting is provided from 12 volt hookups with the vehicle battery.

One thing these expert shoppers emphasize is the need to use a check list for comparison when you are searching for your family's home on wheels.

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Used Inground swimming POOL 20x40, complete with diving board, ladder, filter, skimmer, etc. Price \$1000. Call 286-1325. (18)

1978 Ford COURIER, certified, 27,000 mi., 4 spd, with cap. Asking \$3,500.00. Call 286-1812 after 5 pm. (18)

1975 LTD Brougham, 4 dr., AM-FM radio, air, cruiseomatic, power windows, trailer towing package, rust free A1, \$2500. Call 457-2072. (18)

24 hp Evinrude motor \$100; plus a three year old mare, half Arab, registered, bay, gentle, 15hh, trained English and Western, \$650. Call 754-2894. (19)

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mobile wall coverings showroom. Phone 286-2255
See the best wallcoverings in your own home.
— CALL NOW —

Mopeds, propane stoves, Hitachi 4 pc. stereo system, patrolmans' scanning receiver, coffee table, kitchen chairs, end table, gas lawn roller, 23 channel CB reel to reel tape player, Imperial radio-stereo console & 5 speakers. Call 457-1046. (19)

Composted Horse MANURE for gardens. \$12 per pickup load and we load it. Call Ken, 754-2345. (19)

1956 LINCOLN, 2 dr. hardtop, mint cond., all power, certified, any reasonable offer considered, call 286-1556 or 754-2377 after 6 pm. (20)

PRIVATE SALE — a polled HEREFORD BULL, 24 months old, ex. breeding, proven. Call 488-2159. (19)

Modular double wide home, 2 bedrooms, sun porch, frig & stove, on rented land, adult community, 3 km south of Minden. Phone weekends 286-1012. (20)

FOR SALE

Yogurt maker, semi automatic (electric), dress maker form (adjustable) and 3 piece blue pant suit—knit pants & top with suede jacket. Call 754-2508. (20)

Approx. 1,000 sq. ft. of insulation batts, 16" centres \$9 per bundle. Sliding glass door, 6 ft.—\$275; Fireplace \$45. Call 447-2263. (20)

2 male purebred German shepherds, 9 wks old, black & tan, \$150 each, Call 286-1081. (20)

1966 Coronet from Alberta, certified \$1450. Plus a 1962 Chev Impala also from Alberta, \$2800. Tim Brannigan, Mountain St., Haliburton. (20)

1971 IMPALA, 2 dr., good condition, as is, \$400. Call 286-2154, evenings. (21)

GIRLS BIKE, intermediate size, good condition, \$50.00, phone 286-1299. (21)

Pale blue formal gown, size 14 for proms, weddings etc. worn once, price \$35.00; 15x24" Barbeque on wheels with hood, shelf and rotisserie, only \$25.00; One 48" bed, complete, \$20; 3 oil space heaters, \$20 ea. Phone 286-2883. (21)

CEDAR POSTS and FIREWOOD, we deliver, phone 457-1302 after 6 pm. (21)

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COTTAGE FOR RENT — immaculate, on the water, available from July 20th & all of August. 3 bedrooms, plus all conveniences. Call 489-2036 after 6 pm. (21)

Auction Sale

MINDEN FIRE HALL

Saturday, May 24th at 1 pm
Occasional chair, round oak table and 4 chairs, square table, rollaway cot, 3 sofa beds, Clear lacquer 3 drawer chest, Walnut 3 drawer chest, beds, springs, mattress, odd chairs, 3 high back chairs, bicycle, dishwasher, typewriter, exerciser, metal down pipes, sealers, chairs (school type), storm windows, xmas lights & decorations, tool boxes, records, hammock, Basket for dog, suitcases, club bags, table lamps and shades, assorted dishes, pots, pans, floor polisher, electric blanket, vacuum cleaner, fan, irons, throw rugs, cushions, magazine rack, 4 burner electric cook top (new) and a double electric oven.
Plus many, many other articles. Owner or auctioneer not responsible for lost or stolen articles.
Auctioneer: Doug Pritchard
Phone 286-2830 — Minden

As it orbits the earth, the moon spirals outward at a rate of about one foot every 30 years.

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HOMEWORKERS earn extra money, stuffing envelopes. Information, send self-addressed stamped envelope to Enterprises LEH, CP 652, Dept. C6, Gatineau, Quebec J8P 7A2. (18)

HELP WANTED, immediate opening for experienced hotel lounge waitress or waiter for summer season. Apply: Dominion Hotel in Minden or call 286-1751. (19)
HELP WANTED, immediate opening for full time licensed dining room. Waitress or waiter. — Please Apply: Dominion Hotel in Minden or call 286-1751. (19)

Wanted

WANTED — Used toilet, sink and shower. Phone 286-2316. (20)

Work Wanted

WORK WANTED—2 ladies will do house cleaning thoroughly. Call 489-2924 or 286-1084. (20)

WORK WANTED — Handy man to do small jobs, carpentry. Call 457-2793. (20)

Coming Event

Haliburton Highlands
Guild of Fine Arts
Rail's End Gallery
SCHEDULE

for week of May 20 to 27th
ART RENTAL, May 27th to June 7th.

OPENING NIGHT PARTY
Friday, May 30th at 8 pm. Refreshments served. Meet the Artists.

Cottagers an excellent opportunity to rent a piece of art for your summer cottage.

PUPPET SHOW

Wednesday, May 28, 7 pm.

Proceeds to be used for Children's Art Show and Scholarship Fund at Rail's End Gallery, Haliburton.

for more information please call 457-2330.

WANTED

FOR RENT — 1 bedroom apartment — electric heat, frig and stove, Carnarvon area. \$190 per month, hydro included. Call 489-2867. (20)

FOR RENT — 2 bedroom basement apt., \$125.00 per month. You pay half heat and hydro. Phone 457-2793. Plus a three bedroom apt. (20)

Suva, capital of Fiji, ranks as the most important city in the Pacific Islands after Honolulu.

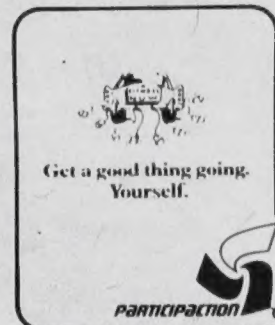
FOR RENT

STANHOPE Fire Fighter's Community Centre is available for all occasions: banquets, parties, weddings, etc. Large dance area, modern kitchen, air conditioned. For information call 489-2004 or 489-2408. (19)

Coming Event

Rummage and Bake Sale!!
Saturday, June 7, 1980 from 10 am to 3 pm, Main Street Haliburton. Sponsored by the Haliburton Figure Skating Club. All donations — clothes, books, small furniture, etc. gratefully accepted. For pick up please call Wanda Byers, 457-1306; — Dorothy Baker, 457-2542 or any member of the Club.

Victoria County Festival of Arts at Norland Community Hall on Friday, May 30th from 6 to 9 pm. Sale of home baked goods and local handicrafts. Snack bar. (20)



Get a good thing going. Yourself.

PARTICIPATION

SERVICES

SEPTIC TANK PUMPING ALL TYPES
Holding Tank Contracts — 24 Hour Service —
JOE RIVERS
286-2057
R.R. 2, Minden

LES SCHELL PUMPING SEPTIC & HOLDING TANKS,

Well cleaning, 2000 gallon capacity, quick quiet efficient service. (17)
CALL ANYTIME, 457-1152

SERVICES

TV — Stereo — Appliances
Repairs to ALL Makes!
Reasonable Rates
John Wood Electronics
call Coneybeare Motors
457-1621, 8 am to 5:30 pm.
After hours, 457-1415. (17)

Deep Roots
Organic Gardening Service
Custom Tilling and soil improvement using rear tine tiller. (18)
Telephone: 754-2255

The snail, an unusually hardy animal, survives temperatures from 48 to 110 degrees Fahrenheit and can tolerate highly polluted water.

Despite its name, one-eighth of Iceland remains ice-covered year-round.



If you were born this week: You are ambitious, have a lot of drive and are a hard worker. Your outlook tends to be rather traditional and conservative. You will almost always have a nest egg put by for that proverbial rainy day. You may be reserved and aloof except with very close friends.

ARIES (3-21/4-19): New moon may bring an offer that will enable you to develop a new talent, Aries. It should spell opportunity, challenge and fun all at once. Later, get together with friends and plan a picnic. Days whirl by.

TAURUS (4-20/5-20): Look for interesting encounter with an emotional lady, Taurus. It's a good thing that you have common sense at your elbow to keep you in balance, 'cause your own emotions are accentuated, too. Later, go ride a merry-go-round.

GEMINI (5-21/6-20): Social affairs and secret plans are highlighted, Gem. Make sure you haven't forgotten anything. Find quiet nook for meditation; the solution to a problem lies right in your own punkin' head. Finally, you turn on the charm.

MOONCHILD (6-21/7-22): Concentrate on reaching your own goals in week ahead, Moonbaby. Ignore flak from certain people who would rather see you working on their goals. Relax with those close to you and nurture a growing friendship.

LEO (7-23/8-22): A restless lion paces den this week. It's not that you don't have plenty to do, Leo, it's just that you'd like a little change. A day's outing may be just what the doctor ordered. Perk up that den with daisies, too.

VIRGO (8-23/9-22): Something you learned a long time ago resurfaces this week, Virgo, and you'll be glad it did. A bossy person could get under almost anyone else's skin. Not yours. You recognize that ego trips and power plays are for turkeys.

LIBRA (9-23/10-23): Tall, dark, and gabby may try to put you on the spot this week, Libby. Take refuge in prior commitments. Later, secret knowledge becomes your ace in the hole. Play your cards right and you'll rake in the pot.

SCORPIO (10-24/11-22): If you're famous for your love of the sensual side of life, Scorp, you're equally known for being stubborn. This week you run into one who is as obstinate as you are. Need I speak of flying sparks, darlin'?

SAGITTARIUS (11-23/12-21): You're in the spotlight, Saj, with you and Cupid singing a lusty duet. Oh, for joy! Then roll up your sleeves as new project is dumped in your lap. Oh, horrors! Later, a meeting and then some rest. Oh, yawn!

CAPRICORN (12-22/1-19): Action on the home front keeps you very well occupied, Cappy. Expect company, young people who are hungry, and a game. Later, lover knocks and you're ready to get away from the crowd scene. Finally, a task to complete.

AQUARIUS (1-20/2-19): Expect both a call from a business associate and an eye-opening conversation with a neighbor. Then, family matters keep you busy. Although redecorating may be on your mind, this is not the best time for drastic changes.

PISCES (2-20/3-20): News from a distance arrives, Pisces. Could be you'll have company coming soon. Try to keep financial affairs at status quo; avoid temptations. Later, don't take on too much; it's hard to do a juggling act with fins.

ALCAN ALUMINUM
SOFFITS-SIDING, FASCIA,
STUCCO
Tudor and Spanish
INSULATION
blown in walls & attics
Gov't. C.H.I.P. Plan
available.
Additions — Alterations
CARPENTRY
Basements waterproofed
REAL STONE FACINGS
(NO LEDGE REQUIRED)
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Galaxy Construction
BOX 903, HALIBURTON
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FREE

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RENT OUR RINSEVAC—the portable, easy-to-use carpet cleaning machine that gently...

- rinses carpet fibers with hot water and cleaning solution
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- leaves your carpets CLEAN and FRESH!



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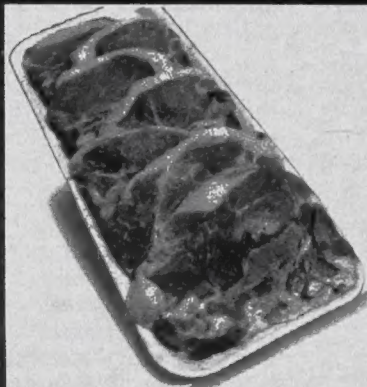
Corner Hwy. 35
& Hwy. 503



Inflation Fighting Specials

STORE HOURS:

Mon. to Wed. 9 am to 6 pm.
Thurs. to Sunday 9 am to 9 pm.



economy pack

pork chops

7 to a pkg.

lb.

1.18

Maple Leaf bologna, macaroni & cheese, chicken, pepper, pickle & pimento, luncheon or headcheese

lunch meats

175 g pkg.

.69

perfect for the barbecue

pork spareribs

lb.

1.44

fresh sliced

pork liver

lb.

.39

Maple Leaf

skinless wieners

16 oz. pkg.

1.28

Maple Leaf cryovac sweet pickled

cottage rolls

lb.

.99

Maple Leaf

bologna

375 g pkg.

1.48

Schneiders

beef burgers

1 kilo pak

4.18

Schneiders

corned beef

3 x 57 g pkg.

1.89

Swifts—16 oz.

sizzlean

1.29

Schneiders

fried chicken

900 g bucket

3.98

"Economy Corner"

pork riblets

lb.

.58

pork hocks

lb.

.38

Devon bacon

500 g pkg.

.99



Primo ready cut macaroni spaghetti or plain

spaghetti sauce

900 g pkg. or 28 fl. oz. tin

ea.

.89

Maxwell House

ground coffee

1 lb. bag

2.99

choice cut wax or green beans, peas sliced beets, or cream style corn

Aylmer vegetables

14 fl. oz. tins

1.00



orange flavoured drink

Tang crystals

4 x 3 1/4 oz. pkg.

1.25

Four Star

whole mushrooms

10 fl. oz. tin

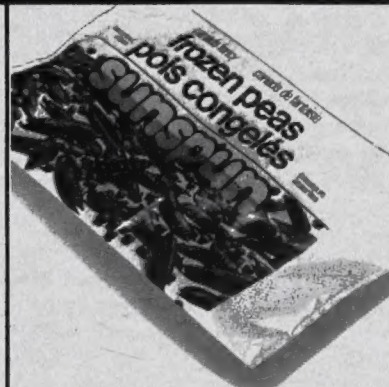
.79

St. Lawrence

corn oil

1 litre cont.

1.99



fancy frozen

Sunspun peas

2 lb. bag

.79

Welch's frozen

grape juice

12 oz. tin

.99

assorted

Savarin dinners

11 oz. pkg.

.99

Neilson fruit flavoured

drink crystals

600 g tin

1.49

Heinz strained juices or

baby food

4 1/2 fl. oz. jars

.89



Royale regular

paper towels

2 roll pkg.

1.07



ABC powdered laundry detergent

6 litre box

1.99

disposable - regular 30's or extra absorbent 24's

Pampers diapers

ea.

2.99

Royale

bathroom tissue

4 roll pkg.

1.19

liquid detergent

Mir

2 x 750 mL cont.

1.69

White Swan

serviettes

pkg. of 60

.49

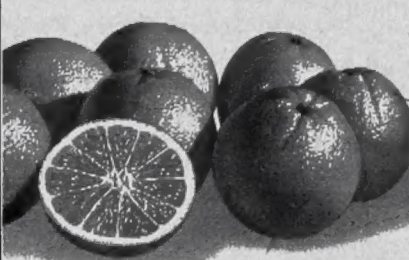
cleanser

Ajax

22 oz. cont.

.69

Values effective until closing Saturday, May 24, 1980. We reserve the right to limit quantities. Supplied and served by National Grocers Co. Ltd.



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oranges

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dozen

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& MEAT PRODUCTS

available at

The Norland Centre

Purina

cat chow

4 kg bag

3.99

assorted

Pablum cereal

227 g pkg.

.99

Neilson granola bars

country crisp

9 oz. pkg.

1.19

Christie's—200 gr

Bits 'n Bites

.99

McCormick assorted

candies

43 g pkg.

.59

McNair

blanched peanuts

350 g tin

1.29

Fleischmann's corn oil

margarine

3 lb. pkg.

3.49

Beehive

corn syrup

1 litre cont.

1.29

assorted

Puritan stews

24 oz. tin

1.49

Allen's fancy

apple sauce

4 x 5 oz. tins

1.29

Boston

corned beef loaf

12 oz. tin

1.49

Newport fluffs

breakfast cereal

16 pt. pkg.

.99

Scuff Magic white

Kiwi polish

2.5 fl. oz. cont.

.89

bar soap bath size

Caress

140 g size

.59

Johnson's

baby shampoo

125 mL cont.

.99

skin cream

Noxzema

110 mL cont.

1.49

CHAMPIONSHIP OF VALUES

Contest of Champions Enter Round 2 Now!



You could win a new Philips Slow Cooker

Deadline for Round 2 entries is 5:00 p.m. Saturday, May 24. All eligible entries in the weekly contests qualify for a chance to win 1 of 4 Grand Prizes American Airlines Holidays for 2 in Los Angeles. And REMEMBER everybody's winning with cents-off coupons from the Championship Book of Values.

PICKUP your Championship Book of Values with all the details at your local Red & White store. Remember, deadline for Round 2 entries is 5:00 p.m. Saturday, May 24.

You've never seen a Red & White event like this!



CONGRATULATIONS

to the winner of last week's prize, a

PHILLIPS FOOD PROCESSOR & attachments (valued at \$159.95)

Mrs. Helene Farrington COBOCONK, ONT.

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Inflation Fighters